



Holiday Resources Calendar - Winnipeg

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<p><u>Dec 23</u></p> <ul style="list-style-type: none"> • Adult Mental Health Crisis Response Centre • Main St. Project • Macdonald Youth Services • Ndinawe (24/7) • WE24 Safe Space - Youth • Winnipeg Peer Support Groups - MB Mood Disorders • North End Women's Centre • CMHA • North Point Douglas Women's Centre • Art City • Winnipeg Public Library • Jewish Child & Family Service 	<p><u>Dec 24</u> <i>(Christmas Eve)</i></p> <ul style="list-style-type: none"> • Adult Mental Health Crisis Response Centre • Main St. Project • Macdonald Youth Services • WE24 Safe Space - Youth • Ndinawe (24/7) • Winnipeg Peer Support Groups - MB Mood Disorders • North End Women's Centre • CMHA • North Point Douglas Women's Centre • Winnipeg Public Library • Jewish Child & Family Service 	<p><u>Dec 25</u> <i>(Christmas Day)</i></p> <ul style="list-style-type: none"> • Adult Mental Health Crisis Response Centre • Main St. Project • Macdonald Youth Services • WE24 Safe Space - Youth • Ndinawe (24/7) • Winnipeg Peer Support Groups - MB Mood Disorders 	<p><u>Dec 26</u> <i>(Boxing Day)</i></p> <ul style="list-style-type: none"> • Adult Mental Health Crisis Response Centre • Main St. Project • Macdonald Youth Services • WE24 Safe Space - Youth • Ndinawe (24/7) • Winnipeg Peer Support Groups - MB Mood Disorders 	<p><u>Dec 27</u></p> <ul style="list-style-type: none"> • Adult Mental Health Crisis Response Centre • Main St. Project • Macdonald Youth Services • WE24 Safe Space - Youth • Ndinawe (24/7) • Winnipeg Peer Support Groups - MB Mood Disorders • North Point Douglas Women's Centre • Art City • Winnipeg Public Library • Jewish Child & Family Service 	<p><u>Dec 28</u></p> <ul style="list-style-type: none"> • Adult Mental Health Crisis Response Centre • Main St. Project • Macdonald Youth Services • WE24 Safe Space - Youth • Ndinawe (24/7) • Winnipeg Peer Support Groups - MB Mood Disorders • North Point Douglas Women's Centre • Art City • Winnipeg Public Library 	<p><u>Dec 29</u></p> <ul style="list-style-type: none"> • Adult Mental Health Crisis Response Centre • Main St. Project • Macdonald Youth Services • WE24 Safe Space - Youth • Ndinawe (24/7) • Winnipeg Public Library
<p><u>Dec 30</u></p> <ul style="list-style-type: none"> • Adult Mental Health Crisis Response Centre • Main St. Project • Macdonald Youth Services • WE24 Safe Space – Youth • Ndinawe (24/7) • Winnipeg Peer Support Groups - MB Mood Disorders • North Point Douglas Women's Centre • Art City • Winnipeg Public Library • Jewish Child & Family Service 	<p><u>Dec 31</u> <i>(New Year's Eve)</i></p> <ul style="list-style-type: none"> • Adult Mental Health Crisis Response Centre • Main St. Project • Macdonald Youth Services • WE24 Safe Space – Youth • Ndinawe (24/7) • Winnipeg Peer Support Groups - MB Mood Disorders • North Point Douglas Women's Centre • Art City • Winnipeg Public Library • Jewish Child & Family Service 	<p><u>Jan 1</u> <i>(New Year's Day)</i></p> <ul style="list-style-type: none"> • Adult Mental Health Crisis Response Centre • Main St. Project • Macdonald Youth Services • WE24 Safe Space – Youth • Ndinawe (24/7) • Winnipeg Peer Support Groups - MB Mood Disorders 				

Support Help lines (MB): 1-888-322-3019 (Clinic Crisis Line) or 1-877-435-7170 (MB Suicide Prevention) or 1-877-977-0007 (Domestic Abuse) or 1-866-633-4220 (Eating Disorders) or 204-786-8631/1-888-292-7565 (Sexual Assault) or 1-800-668-6868 (Kids Help phone) or 204-949-4777/1-888-383-2776 (Youth Crisis Line) or 204-940-1781 (Adult Mental Health)

Re-opening Jan 2: IRCOM, NEEDS, West Central Women's Resource Centre, CMHA, IPW and SPCW

For additional details on hours and programming, please visit www.spcw.mb.ca